

## Jenn Dupnak's Life Saving Project



Jenn Dupnak is a Trinity Cafe volunteer and a registered nurse with advanced cardiac life support certification. She is aware many guests have chronic medical conditions which may be exacerbated due to their circumstances. She witnessed a few medical emergencies while volunteering; loss of consciousness, seizures, and chest pain. She noticed on average, it takes 20 minutes for first responders to arrive after calling 911. Understanding that 95% of people who have sudden cardiac arrest die from it — most within minutes, she felt it important Trinity Cafe be prepared for rapid treatment with an AED

(automated external defibrillator). This portable device checks the heart rhythm and can send an electric shock to the heart to try to restore a normal rhythm. Jenn arranged for free CPR training for 12 interested volunteers and guests March 25. We are grateful to In-Pulse CPR, Inc. for providing the free training! She also coordinated fundraising to pay for the AED device. Several contributions were made and the device has been ordered and is on the way.

**Thank you, Jenn, for this life saving project!**

### Trinity Cafe Board of Directors

**Frank Crum, Jr.**  
FrankCrum, Inc.

**Jeffrey Darrey**  
Marketing Associates USA, Inc.

**David Finkel**  
Partner, Audit, LLC

**Jennifer Jehn**  
Keep America Beautiful

**Penny Parks**  
Links Financial, LLC

**Blain Sanford**  
Strategis CPAs and Consultants, P.A.

**Bruce Scott**  
E.M. Scott General Contractor

**Trey Traviesa**  
V<sup>3</sup> Partners, LLP



# Food for Thought

## Trinity Cafe Serves One Millionth Meal

January 19, 2014 on  
Dr. Martin Luther King, Jr. Day

It was significant that on the day we honor and remember Dr. M.L. King, Jr., an advocate for social justice and service that Trinity Cafe served its one millionth meal to John Ferns, a guest in need.

John is a military veteran, ex-cop and is disabled from a motorcycle accident. John said, "If not for my wife; I'd be dead. She was told by doctor's I'd never recover and she refused to believe that; she wouldn't let them disconnect me from machines." Little by little John began to recover. He spent more than a year in the hospital and a rehab facility regaining brain function and learning to walk again. Soon after he was released and back home, his wife died suddenly. John was devastated, losing his support system. He got behind on bills and was soon living without electricity. John came to Trinity Cafe for a hot meal and goes to the VA for medical help.



**"I have a new chance in life and I'm working to get back on my feet again," John says, "I really appreciate the food and kindness here at Trinity Cafe."**

Hardships like this bring many people to our doors. We feel Dr. King would be proud of the heart, soul and mission of Trinity Cafe.



*"Everybody can be great. Because anybody can serve. You don't have to have a college degree to serve. You don't have to make your subject and your verb agree to serve. You don't have to know the second theory of thermodynamics in physics to serve. You only need a heart full of grace. A soul generated by love."*

— Dr. Martin Luther King, Jr.

## World TB Day 2015



The Florida Department of Health in Hillsborough County in collaboration with Trinity Cafe, DACCO and The Spring of Tampa Bay held a World TB Day 2015 event at Trinity Cafe, March 24. This event made a positive impact on the health

of a high-risk community enabling 67 people to be tested for TB, 69 for HIV/STD/ Hepatitis, and 72 people received some or all available vaccinations. We are all proud of this effort that serves as a great example of how together everyone achieves more through successful collaborative partnerships!

## Commissioner helps in homeless count

Hillsborough County Commissioner **Kevin Beckner** was part of the annual homeless count on the Trinity Cafe campus. "It will take the efforts of everyone in the community working in a collaborative fashion to create a template that effectively addresses the homeless population," he said "and prevents homelessness for others."



The 2015 Frank Crum Invitational Golf Tournament raised \$133,000 for Trinity Cafe! Thank you for your outstanding commitment and dedication to the hungry and homeless.



Frank Crum's commitment is shared by his staff. Their annual Employees' Jeans Day contribution was \$3,150! Thank you.

**Here are great fundraiser ideas everyone can do –** Susan Forsyth had a "Cocktails for a Cause" event in her home for Trinity; Vicki Sharer had a 60th birthday event with donations for Trinity Cafe instead of presents. Thank you Susan and Vicki!

## Congratulations Cindy Davis!

Cindy Davis received the "Public Citizen of the Year" award from the National Assoc. of Social Workers Tampa Chapter for outstanding service contributions to the community. This award is presented to an individual who, although is not a social worker, exemplifies the values and ethics of a social worker.

## Trash Talkin': Trinity Cafe Neighborhood Clean-Up



Pictured are willing, caring, selfless and considerate volunteers who have been part of the monthly Trinity Cafe Neighborhood Clean-Up crew! Volunteers are invited to join together at Trinity Cafe, the second Saturday of each month, 10:15 a.m. until noon. We cover our surrounding streets and sidewalks collecting a "treasure trove" of litter as part

of the Trinity Cafe Good Neighbor Clean-Up Program. Latex gloves, trash bags and neon green t-shirts provided! It's not a glamorous task but it helps make a difference in showing respect to our neighbors. If you are younger than 16 you may participate with an adult. No scheduling is required and groups of any size are welcome. Simply meet our volunteer clean-up coordinator, Chris Sparks at 10:15 a.m. the second Saturday of the month in the parking lot. The event is concluded by noon. Students may earn credit for educational community service hours. You are required to bring a form for verification signature at the time of the clean-up! We greatly appreciate your support! Upcoming dates are: April 11, May 9, June 13, July 11, Aug. 8, Sept. 12, Oct. 10, Nov. 14, and Dec. 12.

**Cafe Location:**  
2801 Nebraska Avenue  
Tampa, FL 33602

**Office:**  
100 E. Madison Street  
Suite 300  
Tampa, FL 33602

**Phone:** 813.865.4822

**Mailing Address:**  
P.O. Box 320146  
Tampa, FL 33679

*A Non-Denominational Charity  
Trinity Cafe is a 501(c)(3)  
Not-For-Profit Organization*

[www.TrinityCafe.org](http://www.TrinityCafe.org)

# Feast for the Eyes – the Faces of a Million Meals

More than 200 guests were served food for thought at the recent “Feast for the Eyes” fundraiser for Trinity Cafe. The focus was on University of Tampa professor **Tim Kennedy’s** striking black and white photographs of some of the cafe’s homeless and poverty-stricken guests. Tim and his camera spent several months at Sunday morning breakfast photographing guests. “We have a stereotype of what poverty looks like, and it’s not always right,” he said. “One guy looked like an Aztec prince, another one like Clint Eastwood. There’s a story behind every one of the people who walk through the doors at Trinity Cafe. If we took the time to listen we might have more compassion. I hope this project inspires that.”



Tim Kennedy’s photos helped to put a face on hunger.

**Wendy Malloy**, Sunday volunteer coordinator and a writer with PricewaterhouseCoopers, interviewed the guests Tim photographed and wrote a poignant vignette about each person. “These are real people with a story; they’re not caricatures or stereotypes.”

Held March 13 at District 3 Arts & Events, the event commemorated Trinity Cafe serving its millionth meal earlier this year. The evening raised \$40,000 in funds to continue serving meals daily to the homeless, hungry, and food insecure. Trinity Cafe’s program gives hope and help to struggling citizens, protecting them from a deeper crisis. An additional \$20,000 was donated to Fund-the-Need for a new Hobart mixer for the cafe.

Event guests enjoyed hors d’oeuvres, drinks, and piano tunes by Derrick Tucker. Derrick, an unemployed school administrator, has on occasion had meals at Trinity Cafe. He also volunteers to play music every Friday at the cafe, and generously donated his time and talent for our event. We are delighted to report that Derrick recently started a new job!

A live auction featured a private five-course gourmet dinner prepared by Bernini Chef Jon Hannah with assistance from Trinity Cafe volunteer/chef, Bill Nipper. In an exciting 11 minutes, five dinners were sold for \$1,100 each! Lively, fun chatter by emcee and auctioneer Virginia Johnson, Bay News 9 On the Town Reporter, kept the bidding going. Chip Williams from Bernini’s agreed to donate the extra dinners to such a good cause.

Happy bidders took home a variety of silent auction items, including VIP passes to “The Daily Show with Jon Stewart” in New York; a week’s stay in a beach cottage, Rays baseball tickets, and Lightning tickets – including a Zamboni ride.

A “Wine Pull” was popular among guests who paid \$10 for a wrapped bottle of wine to take home. Values ranged from \$10 to \$60. Guests unwrapped their treasures and Googled to read about the wine they selected – it was a “grape” way to raise funds!

“While the funds from this event are crucial to our operation, it was most gratifying to hear from attendees how they were impacted by the photos and stories of guests,” said Cindy Davis, event chair and the cafe’s program director. “We hoped to make those in need less invisible, and I feel the ‘Feast for the Eyes’ display accomplished that goal.”



Over 200 Trinity Cafe supporters attended the event.



John and Susan Rapp with Carmen Cortes.



Trey Traviesa was one of the gourmet dinner winning bidders.

# Bess the Book Bus

Promoting Literacy, Sharing Books and Donating Funds to Benefit Trinity Cafe



Congratulations to Jenn Frances, founder of Bess the Book Bus who was honored by the Tampa Bay Lightning March 22 as a Community Hero. Marcia Israeloff, devoted volunteer for both Trinity Cafe and Bess the Book Bus, facilitated the two charities working together to get books into the hands of the poverty-stricken guests of the cafe. Bess the Book Bus visits the cafe and sends books throughout the year to be distributed. Jenn generously donated \$3,000 of her Community Hero funds to the cafe. We are honored to partner with Jenn and accept her donation for our charity. Jenn, you are an inspiration!

Special Thanks to our Feast for the Eyes Event Sponsors

Presenting Sponsor  
**Humana.**

“Master Chef” Sponsor  
Todd and Erin Farha

“Executive Chef” Sponsor



“Sous Chef” Sponsors



John and Susan Rapp • The Cranston Family

“Personal Chef” Sponsors



Bill and Mary Nipper • Marty and Cira Traber

Exclusive Media Sponsor  
**THE TAMPA TRIBUNE**  
TBO.com

A special thanks for in-kind donations  
**ADM2**  
EXHIBITS & DISPLAYS, INC.

# Your Own Personalized Trinity Cafe Apron



- Personalized with your name
- Great gift
- Support Trinity!

## APRON ORDER FORM

Your apron is made from high quality black twill fabric with three pockets. Embroidered with your name. \$50.00 donation for each apron. **Order yours today!**

Checks payable to Trinity Cafe. Please mail to Trinity Cafe, P.O. Box 320146, Tampa FL 33679

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_

Zip \_\_\_\_\_ Phone \_\_\_\_\_

Email \_\_\_\_\_

Here’s how I’d like my name to be embroidered:

(Please Print)